



cityfirst
CHURCH

COUNSELOR REFERRAL LIST

COUNSELOR	CREDENTIALS	CHILDREN, ADOLESCENTS, ADULTS, MARRIAGE & FAMILY	SPECIALIZATION	GROUP	PHONE	ADDRESS
Allman, Laura	M.Div, LCSW, CADC	Adolescents, Marriage	Addictions, Eating Disorders, Grief, Parenting, PTSD, Self Injury		815-961-9166	1421 Greenmount St. Rockford, IL 61107
Anderson, Kevin *	LCSW, CADC	Marriage & Family	Chemical Dependency, Psychiatric Disorders	KP Counseling	779-368-0060 ext 204	6392 Linden Rd. Rockford, IL 61109
Belle, Jesse	MSED, LCPC	Children, Adolescents, Adults, Family	PTSD, Anxiety, Depression, Self-harm, Abuse, Foster Care & Adoption, Communication & Social Skill Building, Sibling Issues, Self-esteem, Attachment-related Issues	Insight Counseling Group	815-229-7102	639 N. Alpine Rd. Suite 403 Rockford, IL 61107
Berillo, Cody	MSW	Adolescents, Adults	Depression, Anxiety, Trauma, PTSD, Domestic Violence, Sexual Assault, Codependency, Personality Disorders, Grief, Body Image, Self-esteem, Relationship Issues	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Bockelman, Ashley	LCSW	Adolescents, Adults	Addiction, Anxiety, Depression, Substance Abuse	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Bruyn, Amy	CADC, LCPC		Alcohol Addiction, Drug Addiction, Grief	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Calkins, Arianna	MSW	Adolescents, Adults	Anger Management, Anxiety, Depression, Trauma, Grief	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Curtin, Phil	LCSW	Adolescents	Trauma, Anxiety, Depression, PTSD, Character Issues, Life Transitions	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Davies, James *	LCSW	Children, Adolescents, Marriage & Family	Family, Mediation, Personality Disorders, Sexual Abuse	Crossroads of Today	815-394-1556	415 S Mulford Rd. Rockford, IL 61108
Denton, Samuel	LCSW	Adolescents, Marriage & Family	Anxiety, Depression, ADHD, Mood & Mental Disorders	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Dosch, Tami *	MS, LCSW	Adolescents, Adults, Marriage & Family	Marriage & Family	Crossroads Counseling	608-755-5260	17 S. River St. Suite 254, Janesville, WI 53448
Erofeeva, Masha	MA	Young Adults	Anxiety, Depression, OCD, Eating Disorders, Identity Development, Self-esteem, Assertiveness Training, Career	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Fredrickson, Tim *	MA, LCPC	Adults, Marriage & Family	Depression, Anxiety, Sexual Addiction, Drug & Alcohol Addiction, Life Coaching	Insight Counseling Group	815-229-7102 ext 2	415 S Mulford Rd. Rockford, IL 61108
Fricke, Jennifer	LCSW, CADC	Adults	Addiction, Mental Health, Family, Group Therapy	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Grindle, Delinda *	LCPC, RPT, NCC, CADC, LCSW	Children, Adolescents, Marriage	Grief, Grief Support Groups	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Hartman, Dr. Andrew *	Psychologist, PsyD	Adults, Marriage	Relationship Issues, Trauma, PTSD, Men's Issues		847-310-1121	2500 W. Higgins Rd. Ste 1136, Hoffman Estates, IL 60195

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Hastings, Natalie	MSW	Adolescents, Young Adults	Foster Care, Adoptees & Adoptive Parents, Trauma	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Honzel, Mark	LPC	Adolescents, Adults	Substance Abuse, Grief, Trauma, Mental Health, Anxiety, Depression, Family Issues	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Hook, Dr. Jan	LCPC, Ed. D.	Adult, Marriage	Marriage, Career, & Sexual Issues	Arlington Center	847-577-4530 ext 121	3375 N Arlington Hts Rd. Ste. F, Arlington Hts, IL 60004
Hoskins, Jonathan	LCSW	Children, Adolescents, Family	Anxiety, Depression, Parent-Child Relations, Substance Abuse, Self-esteem	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Johnson, Jim	CADC, LPC	Adolescents, Adults, Marriage & Family	Substance Abuse, Anger Management, Trauma	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Johnson, Renae	LMFT	Children, Adolescents, Adults, Marriage & Family	Relationship Issues, Depression, Trauma, Self-esteem, Parent-Child Issues	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Kalt, Kelly	MSW, LCSW	Children, Adolescents, Adults	Young Women's Issues, Mood Disorders	Insight Counseling Group	815-229-7102	1639 N. Alpine Rd. Suite 403 Rockford, IL 61107
Kayser, Linda	LPC	Adults, Marriage & Family	Depression, Anxiety, Grief, Domestic Violence, Trauma, Parent-Child Relationship, Adoption Issues	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Lauer, Karen	LMFT	Marriage & Family	Loss & Trauma, Interpersonal Relations, Child & Adolescent Development	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Lirtzman, Barb	LPC	Adolescents, Adults, Marriage & Family	Relationship & Parenting Issues, Anxiety, Depression, Chronic Illness	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Logemann, Gail *	LMFT, EAP	Marriage & Family	Blended Families, Family, Women's Issues, Parenting, Relationship Coaching	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Lownsdale, Dr. Scott *	LCPC, Ed. D.	Adolescents, Marriage	Depression, Anxiety, Anger, OCD, Dissociative Issues, Trauma, Sexual Addiction, Men's Issues, Adolescent Issues, Marital, Substance Abuse		815-980-2449	5589 Guilford Rd. Rockford, IL 61107
McCabe-Schafer, Michelle	LMFT, CADC	Adolescents, Adults, Marriage & Family	Addiction, Depression, Anxiety, Self Esteem, Identity Exploration, School-Related Stress, Body Image, Anger Management	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Moore, Michelle	LPC	Adolescents, Young Adults, Family	Anxiety, Depression, Low Self-Esteem, Self-Harm, Grief/Loss, Anger Management, Major Mental Illness, Co-occurring Disorders, Personality Disorders	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Nelson, Dr. Scott *	CRADC, NCC	Adolescents, Adults, Marriage & Family	Anxiety, Depression, Trauma, Abuse, Relationship Issues, Substance Abuse, Boundary Issues, Parenting, First Responders, Grief, Life Transitions	Transformations	815-222-3958	6066 Strathmoor Dr. #C2, Second Floor Rockford, IL 61107
Nygren, Sonya	CADC, LCPC	Children, Adolescents, Adults	Family Dysfunction, Depression, Anxiety, Trauma, Self-esteem, Eating Disorders	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Ojeda, Kellie	MA	Adolescents, Adults, Marriage & Family	Interpersonal Relationships, Marital, Depression, Anxiety, Infertility & Miscarriage, Life Transitions, Weight Loss/Gain, Trauma, Boundary Construction	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109

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Parrish, Dr. Jim	D.Min, LCPC	Adolescents, Adults, Marriage & Family	PTSD, Abuse Recovery, Stress & Anger Management, Marital	Insight Counseling Group	815-229-7102	1639 N. Alpine Rd. Suite 403 Rockford, IL 61107
Polky, Kevin	LCSW, CADC	Adolescents, Adults	Addictions, Anger, Men's Issues, Men's & Adolescent's Group Sessions, Parenting	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Redeemed Christian Counseling		Children, Adolescents, Adults, Marriage & Family	Anger, Forgiveness, Anxiety, Depression, Grief, Relationship Issues, Communication, Conflict Resolution, Stress, Trauma, Pastoral	Redeemed Christian Counseling	608-295-4220	1425 W. Memorial Dr. Janesville, WI 53548
Rezin, Amanda	MA	Adolescents, Adults	Relationship Issues, Anxiety, Depression, Emotional Struggles, Self-Destructing Behaviors, Self-esteem, Trauma	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Sage, Matt	CADC, LCPC	Children, Adolescents, Adults, Family	Addiction, Anxiety, Depression, Self-esteem, Grief, Defiant Behavior, Anger Management, Life Transitions, Family Dysfunction	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Schroff, Kemper	LPC	Children, Adolescents, Adults	Substance Abuse, Grief, Trauma, Mental Health, Family Issues	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Schultz, Rachel	LCPC	Children, Adolescents, Adults, Marriage & Family	Anxiety, Depression, ADHD, Self-esteem, Relationship Issues, Sexual Abuse, Trauma	Insight Counseling Group	815-229-7102	1639 N. Alpine Rd. Suite 403 Rockford, IL 61107
Selander, Jan	MSW, LCSW, CDWF, CDTLF	Adolescents, Adults, Marriage & Family	Marriage & Family	Center for Marriage and Family	815-391-3055	4519 Highcrest Rd. Rockford, IL 61107
Simpson, Debbie	LCPC	Adolescents, Adults, Marriage & Family	Personal growth, Mood & Anxiety Management, Family & Relationship Issues, Addiction	Kenneth Gates and Associate	815-354-6746	8600 Rt. 14, Suite 110 Crystal Lake, IL 60012
Smith, Allyson	MA, CADC	Adolescents, Adults	Mood Disorders, Anxiety, Depression, OCD	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Spangler, Pat	CADC, LCPC	Adolescents, Adults	Addiction, Drug & Alcohol Addiction	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Stroner, June	MA, LCPC, RPT	Children, Family	Behavior Management, Depression, Developmental Delays, Parenting, Anxiety, Parent/Child Attachment Trauma, Grief	Kenneth Gates and Associate	815-245-2050	8600 Rt. 14, Suite 110 Crystal Lake, IL 60012
Syverson, Stephanie	LCSW	Children, Adolescents, Adults, Marriage & Family	Depression, Anxiety, Mood Disorders, Behavioral Concerns, Mild Autism, Trauma, Anger, Personality Disorders, Mild Psychotic Disorders, Relationship Issues, Parenting, Family Dynamics, Crisis Management, De-escalation	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Warden, Dr. Christina	DSW, LCSW	Adolescents, Adults, Marriage & Family	Marital, Memory Work, Depression, Anxiety, Eating Disorders, PTSD, Trauma	KP Counseling	779-368-0060	6392 Linden Rd. Rockford, IL 61109
Zimmerman, Lisa	LPC	Adolescents, Adults, Marriage & Family	Trauma, Grief, Anxiety, Identity Development, Relationship Issues, Life Transitions, Women's Issues, Spiritual Issues	Rudolph Counseling	815-216-9772	12570 Dorr Road Rockton, IL 61072

**May provide a Sliding Scale*

Note: City First Church does not assume responsibility for the outcome of your counseling. Finding a counselor you feel comfortable with and making the counseling experience a positive and growing process is your personal responsibility. We recommend that you contact several counselors or groups to find one that you feel comfortable with and is a good fit for your specific counseling needs.